ACTP Training Modules - Advanced

Coacharya is accredited by ICF, CCE and EMCC. Learners with existing credentials from other accredited institutions are welcome to continue their studies with Coacharya.

Each module in our Accredited Coach Training Program covers a day's worth of content over 10 hours. Additionally, learners spend two hours of self study for each module, evidenced by assignments. Participants also engage in peer coaching for a minimum of 100 hours.

Coaches without any coaching credentials must complete modules 1-12 for a total of 125 hours of classroom participation.

Coaches with ACC, EIA Foundation or EIA Practitioner credentials may complete modules 7-12 only to prepare for their next credential.

Coacharya Advanced Program Modules 1-12

The following modules are required in order to complete the PCC (ICF), BCC (CCE) or Senior Practitioner (EMCC) credential program. Modules end with coaching practice and mentoring by an MCC coach ($3000 value-add, can be applied towards future MCC credential program).

Module 1: Competencies & Ethics

- Sharing: purpose and desired outcome
- What coaching is and what it is not
- Barriers to coaching
- Coaching to Win at Work & Life
- Coaching Competencies: ICF, EMCC, BCC
- Coaching competency: Ethics
- Coaching practice & mentoring
- Homework & Required reading

Module 2: Skills & Trust, Intimacy & Presence

- Review of previous learning
- Skills needed in Coaching
- Approaches in coaching
- Coaching competency: Trust & Intimacy
- Coaching competency: Presence
- Coaching practice & mentoring
- Homework & Required reading

COACHARYA

Module 3: Structures & Agreement

- Review of previous learning
- Situational Leadership
- Coaching Contract
- Coaching Demonstration
- Coaching structure start to finish
- Coaching competency: Agreement
- Coaching practice & mentoring
- Homework & Required reading

Module 4: GROW Model & Communication

- Review of previous learning
- GROW Model
- Competencies: Active Listening
- Competencies: Powerful Questioning
- Competencies: Direct Communication
- Coaching practice & mentoring
- Homework & required reading

Module 5: Models & Awareness

- Review of previous learning
- Coaching Models: Leonard to Goldsmith
- OD: NLP, TA, AI , Positive Psychology
- Competency: Awareness
- Self Discovery
- Coaching practice & mentoring
- Homework & required reading

Module 6: Theories & Action

- Review of previous learning
- Adult learning models
- Psychological Theories: Jung, Rogers
- Underlying beliefs
- Competencies: Action, Planning & Accountability
- ICF credentialing process
- Coaching practice & mentoring
- Performance assessment

Module 7: Assessment & Agreement

- Review of previous learning
- Feedback in coaching
- Assessments: 360, MBTI, Hogan etc.
- Competencies: Agreement
- Coaching practice & mentoring
- Homework & required reading

Module 8: Leadership, Trust & Presence

- Review of previous learning
- Situational Leadership: Exercise
- Level 5 leadership
- Change and ADKAR model
- Competencies: Trust & Intimacy, Presence
- Coaching practice & mentoring
- Homework & required reading

Module 9: NLP,PP, AI & Listening

- Review of previous learning
- Multiple Intelligences, EI
- NLP: Perceptual Position, Change of State
- Appreciative Inquiry principles
- Introduction to TA, PP, Gestalt
- Competencies: Active Listening
- Coaching practice & mentoring
- Homework & required reading

Module 10: Self Discovery & Awareness

- Review of previous learning
- Hero's Journey: Exercise
- Chakra Energisation Principles
- Mindfulness to Mindlessness
- Visualisation in coaching
- Competencies: Awareness
- Coaching practice & mentoring
- Homework & required reading

Module 11: Life Applications & Communication

- Review of previous learning
- Joyful Index & Sweet Success Spot
- 65 Back Vision to Action process
- Creating Future Exercise
- Competencies: Powerful Questioning & Direct Communication
- Coaching practice & mentoring
- Homework & required reading

Module 12: Business Application & Action

- Review of previous learning
- Employee Engagement
- Team Coaching
- SPEED: Exercise
- GROWTH Wheel
- Competencies: Ethics, Action, Planning & Accountability
- Coaching practice & mentoring
- Homework & required reading
- Performance evaluation

Please note that there are other requirements that must be completed in order to obtain coaching credentials from ICF, CCE or EMCC. Coacharya provides support for all those requirements. Please see coacharya.com for more details.